

## seasonal vaccinations

Autumn may be "the season of fruits and mellow fruitfulness" but it is also the time to make arrangements for your flu vaccination. Please help the surgery to help you by booking an appointment. Vaccinations will be given over an 8-week period beginning 24<sup>th</sup> September.

## MACMILLAN MORNING: COFFEE, TEA, AND EVERYTHING YOU WANT TO KNOW...

...well, maybe not everything. But join us for our coffee morning on Friday 28<sup>th</sup> September backing the very worthwhile charity, Macmillan Cancer Support, and we will do our best. Members of the PPG, our new Practice Manager Paula Breen, and Dispensary Manager Donna Simpson will be happy to chat and answer any questions you may have.

Everyone is very welcome. You don't have to be a patient at the Practice to drink tea or coffee with us!

Temple Sowerby Surgery,  
08:30 – 12:00 Friday 28  
September  
[macmillan.org.uk](http://macmillan.org.uk)

## Getting To Know You...introducing Practice Manager PAULA BREEN

To get to know our new practice manager, we asked five questions.

**1. When did you join TS Medical Practice, and what had prepared you for the position?**

I joined the team on 1st December 2017 but it feels as if I have been here much longer. Although working in a Medical Practice was new for me the day-to-day responsibilities of the role are ones I have been undertaking for many years in a variety of other organisations and a significant part of my career has been managing the day to

day operational functions of clinical settings that has spanned the NHS (Secondary Care) private practice and dentistry.

**2. Describe a typical work day and the nature your work.**

There is no typical day as each one presents a mix of tasks. I cover the management of finance, procurement, all aspects of HR, payroll, IT, administration, the building and equipment, compliance and statutory returns, as well as planning for the future and reviewing policy and procedure. That said I also roll



my sleeves up to tackle what I would describe as 'less glamorous but still satisfying' elements of my job and I would have been found inside the recycling bin a couple of weeks ago flattening

cardboard boxes after I had swept and disinfected the path which was covered in bird droppings from our resident feathered friends who nest above the staff entrance.

### 3. What are the biggest challenges your role presents?

Telling myself to go home on time.....only because I thoroughly enjoy what I am doing and the day just slips by. But on a more serious note continuing to delivering high quality services against a difficult funding situation. Whilst the

Government continues to increase NHS funding year on year..... and it does..... the cost of developing and emerging technologies, medicines and medical procedures is growing faster than the funding.

### 4. Out of work, how do you relax and have fun?

Well in October I am doing Ironman Barcelona, which is a 2.4 mile swim in the sea followed by a 112mile bike ride and finished off with a 26 mile marathon - yes for fun and for charity as I am raising funds for Eden Valley Hospice through my

Just Giving page 'Tri For Jenifer'. Once that is over I will be able to get back to improving my sailing in my little dingy.

### 5. And your hopes for the future...?

Oh quite simple really, I hope for us all to be able to live the life we seek to achieve whatever that may be. Oh and a 20% NHS funding increase for the next 5 years.....we can but dream!

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## DID YOU KNOW...

♣ Appointments with a doctor are available from 8.30 to 7pm on weekdays? ♣  
(Wednesday pm appointments are for emergencies only.)

♣ A repeat prescription may sometimes be a different brand of the same medication? ♣  
This may not have any impact on you, but if it does, you should contact the surgery.

♣ You can self-refer to Physiotherapy and to Podiatry? ♣  
For muscle & joint problems or foot-related difficulties; forms are available at reception.

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## WHO'S WHO AT TEMPLE SOWERBY MEDICAL PRACTICE

*There have been some staff changes recently. This is an up-to-date list of staff, and when you may see them.*

**Clinical team:** **Doctors** Helen Jervis (GP Senior Partner), Mon, Tues, Weds, Fri; Jo Thompson (GP Senior Partner), Mon, Weds, Thurs; Nicki Cawley (GP), Tues am, Thurs am; Russell Elwood (GP Locum), Mondays only; **Advanced Nurse Practitioner** Karen Howe, Mon, Tues pm, Thurs pm, Fri. **Practice Nurses** Sharon MacDonald, Tues, Thurs pm, Fri; Tina Allen, Mon, Weds, Thurs. **Health Care Assistants** Jane Dodgson, Mon & Thurs; Jackie O'Neil, Tues, Weds am, Fri am; **Phlebotomist** Lucy Bustin, Mon am, Weds am, Fri am.

**Dispensary team:** **Dispensary Manager** Donna Simpson, Mon, Tues, Thurs, Fri. **Dispensers** Dawn Hamilton; Janet Addison; **Dispensing Assistant** Lynda Warman.

**Management, Administration & Patient Support:** **Practice Manager** Paula Breen, Mon-Fri; **Medical Secretary** Heidi Strong, Mon, Tues, Thurs, Fri. **Patient Support team** Lucy Bustin, Lydia Catt, Jackie O'Neil, Jules Roze, Anne Wilson.

**AUTUMN 2018**

*The Patient Participation Group is a small group of patients who meet regularly with the Practice Manager (and often a doctor) to discuss issues affecting the Practice. If you are interested in contributing to a happy (and healthy!) practice and improving services to patients, please contact us by e mail: [templesowerbyppg@gmail.com](mailto:templesowerbyppg@gmail.com) . We would welcome new members!*